



MENU – SEPTEMBER 7 TO 25



MONDAY

TUESDAY

THURSDAY

FRIDAY

week 37

7 SEPT

- Grilled chicken, semolina
- & vegetable couscous
- Falafel, semolina & vegetable couscous
- apple compote

8 SEPT

- Fusilli with Bolognese sauce
- Fusilli with veggie Bolognese sauce
- Fresh seasonal fruit

10 SEPT

- Merguez sausage, gratin dauphinois
- Veggy merguez, gratin dauphinois
- Fresh seasonal fruit

11 SEPT

- Chili con carne & rice
- Chili sin carne & rice
- Custard

week 38

14 SEPT

- Fusilli with tomato & chicken sauce
- Fusilli with tomato & vegetable sauce
- Fresh seasonal fruit

15 SEPT

- Meatballs (beef+pork) in gravy, mashed potatoes & peas
- Veggyballs in gravy, mashed potatoes & peas
- Plain yoghurt

17 SEPT

- Grilled chicken, rösti & peas
- Cheese nuggets, rösti & peas
- Fruit yoghurt

18 SEPT

- Vegetarian lasagna
- Fresh seasonal fruit

week 39

21 SEPT

- Chicken and cauliflower Tikka Masala with rice
- Tikka Massala veggy cauliflower and rice
- Fruit griek yoghurt

22 SEPT

- Shepherd's pie with carrots
- Veggy shepherd's pie with carrots
- Fresh seasonal fruit

24 SEPT

- Fusilli with creamy salmon sauce
- Fresh seasonal fruit

25 SEPT

- Chicken ketjap, wheat & green beans
- Fake chicken ketjap, wheat & green beans
- chocolate mousse

*Some changes may occasionally be made after this menu has been sent