



MENU FROM 2 TO 27 NOV



MONDAY

TUESDAY

THURSDAY

FRIDAY

Week 45

2 NOV

Fusilli with tomato cream sauce, chicken and basil
Fusilli with creamy tomato sauce, zucchini and basil
Fresh seasonal fruit

3 NOV

Grilled chicken, couscous, couscous vegetables in broth
Grilled falafels, couscous, couscous vegetables in broth
Creamy fruit yoghurt

5 NOV

Meatballs in gravy, mashed potatoes, carrots
Vegetarian meatballs, mashed potatoes, carrots
Chocolate mousse

6 NOV

Chili con carne, rice
Chili sin carne, rice
Fresh seasonal fruit

Week 46

9 NOV

Chicken Basquaise, basmati rice
Korn (lupin-based)
Basquaise, basmati rice
Greek yoghurt

10 NOV

Chicken sausage, mashed potatoes, peas & corn
Vegetarian nuggets, mashed potatoes, peas & corn
Fresh seasonal fruit

12 NOV

Fusilli, creamy tuna sauce
Fresh seasonal fruit

13 NOV

Merguez sausage, gratin dauphinois
Vegetarian merguez, gratin dauphinois
Appel compote

Week 47

16 NOV

Grilled chicken, ratatouille, rice
Grilled falafels, ratatouille, rice
Plain yoghurt

17 NOV

Lasagna bolognese
Vegetarian lasagna bolognese
Fresh seasonal fruit

19 NOV

Beef bourguignon, penne, carrots
Seitan bourguignon-style, penne, carrots
Fruit yoghurt

20 NOV

Hotdog sausage, mashed potatoes, green beans
Vegetarian nuggets, mashed potatoes, green beans
Fresh seasonal fruit

Week 48

23 NOV

Meatballs in gravy, rice, baby carrots
Vegetarian meatballs, rice, baby carrots
Fresh seasonal fruit

24 NOV

Kibbeling (fried fish), peas and carrots, sautéed potatoes
Custard

26 NOV

Fusilli, carbonara sauce
Fusilli, pesto sauce
Fresh seasonal fruit

27 NOV

Chicken curry, basmati rice
Vegetarian curry (chickpeas), basmati rice
Fruit yoghurt

*Some changes may occasionally be made after this menu has been sent